



VINYASA YOGA

blending mindfulness with movement in a pure rainforest environment

SATURDAY & MONDAY
5PM – 6PM

SUNDAY & TUESDAY
6.45AM – 7.45AM

COST \$30 PER PERSON

Bookings essential, call 07 4098 6100

Spaces are limited

*All levels of practice, including beginners, are welcome
Meet at the Daintree Ecolodge Reception*



DAINTREE ECOLOGE